



# Getting Started

(Dementia Overview and ASP Services)

A dementia diagnosis can be overwhelming and often we don't know where to start. Come join us for this free education event as you begin this journey.

## TOPICS COVERED:

**What is Dementia?**

**What changes can I expect?**

**How can behaviours be communication?**

**How can I communicate effectively?**

**How can the Alzheimer Society Peel help me?**

For your convenience this information session is offered at 2 different times on the same day

Wednesday,  
February, 14, 2018

1:30-3:00 pm

or

7:00-8:30 pm

**Alzheimer Society  
Peel  
60 Briarwood  
Avenue  
Mississauga**

Please note that this session is not intended for the individual with Alzheimer's disease or a related dementia.

For more information or to register please contact:

**Karen Phair** | Public Education Coordinator  
289-632-2273 x 301 | [k.phair@alzheimerpeel.com](mailto:k.phair@alzheimerpeel.com)

If you, or someone that you represent, has a disability and needs accessible services, information in an alternative format or any other accommodations, please contact **Danielle Farrell** at **905-792-1319 ext. 710**. We will work with you to make appropriate arrangements.